## HEMATOLOGICAL PREDICTORS OF OUTCOME IN CHILDHOOD ACUTE LYMPHOBLASTIC LEUKEMIA IN DUHOK

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## ABSTRACT

**Background:** While numerous studies have addressed the outcome of childhood acute lymphoblastic leukemia (ALL) in western developed countries, there is a scarcity of data in developing countries. This study explores the hematological predictors of outcomes in childhood acute lymphoblastic leukemia in Duhok city- Kurdistan Iraq.

**Method:** the current study represents a cross-sectional study, conducted in Hivi Pediatric hospital and Zheen oncology center in Duhok, Iraq, and 116 patients were enrolled. The main features of childhood ALL, hematological predictors, type of therapy, and risk factors were analyzed to assess their effect on treatment outcome and survival rate.

**Results:** Median age of the study cohort was 5 years and the male-to-female ratio of 1.4:1. 87.9% of the cases were B-ALL while 12.1 were T-cell. Blood counts revealed a mean WBC count of 54.34 x 109/L, mean hemoglobin of 7.913 g/dl, and mean platelet count of 68.96 x 109/L. Complete remission (CR) rate was 92.2%, the overall 5-year survival (OS) was 76.7%, and relapse-free 5-year survival (RFS) was 73.3%. Patients with B-cell ALL had significantly higher OS compared to patients with T-cell (p value=0.01). Patients stratified into high-risk groups had significantly lower RFS and OS compared to the intermediate and standard risk groups (p value=0.04, 0.008 respectively). Patients aged >10 years had significantly lower RFS (p value=0.001). Other factors such age<1 year, PLT count, Hb count, and gender did not predict poor outcome

**Conclusion:** Immunophenotype, age>10 years and risk stratification are important predictors of outcome in childhood ALL in our study, most notably, the patients' survival rates were inferior to similar reports from western developed countries, The key areas for future work should include wider implementation of MRD and cytogenetic analysis in risk stratification to improve the outcome of childhood ALL.

Duhok Med J 2022; 16 (2): 21-32 Keywords: Acute lymphoblastic leukemia; childhood; Iraq, Predictors; Outcome.

A cute lymphoblastic leukemia (ALL) is the most frequent childhood malignancy worldwide with a prevalence of 25-30% of cancers in children,75% of cases occurring in patients less than 10 years<sup>1</sup>. Although it affects children of all ages, the incidence peaks between two and five, with a small male predominance 1.2:1<sup>1</sup>. ALL is a heterogeneous disease; distinct subtypes have different biological, cellular, and molecular properties, therapeutic responses, recurrence risks, and prognosis, phenotypic and genotypic variation in childhood ALL is significant and is important for both diagnosis and prognosis<sup>1</sup>. Modern procedures incorporate sophisticated risk stratification models to decide the type and amount of therapy a patient will receive in order to account for this heterogeneity<sup>1</sup>. The level of therapy

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intensity for ALL is determined by the likelihood of relapse, which is estimated using combination a of clinical. cvtogenetic, and morphological response criteria<sup>2</sup>. However, because a large proportion of relapses occur in the standard-risk group, the risk groupings defined by these characteristics are somewhat nonspecific<sup>3</sup>. Cytogenetic and minimal residual disease (MRD) studies help risk stratification even further. MRD is not usually accessible in developing countries, despite being the most sensitive and specific predictor of relapse risk<sup>3</sup>. The emergence of measurable residual disease and with the advent of tyrosine kinase inhibitors targeting BCR-ABL1, monoclonal antibodies targeting CD20 antibody-drug (rituximab). conjugates targeting CD22 (inotuzumab ozogamicin), and bispecific antibodies (blinatumomab have led to improvement over the past 40 vears, and over 90% of patients can now anticipate long-term disease-free survival developed countries with in scarce information on outcomes in developing countries, some low- and middle-income countries have reported an average survival rate as low as 35%, the causes were attributed to poverty, nutritional status, therapy abandonment and infectious causes<sup>1,4-6</sup>. This study aims to provide information on the outcome by outlining the main features of childhood ALL, including hematological predictors, the outcome of therapy as well as risk factors associated with survival in Duhok city-Kurdistan, Iraq.

# MATERIALS AND METHODS

# patients

This cross-sectional study was conducted at Hivi Pediatric hospital and Zheen oncology center in Duhok, Iraq. From March 2014 through December 2020, data from 116 patients' records, aged 16 years old or less were collected. Exclusion criteria were: age > 16 years; incomplete patient information, and patient refusal. As a result, seven patients were excluded from the study. Patients were allocated to risk groups based on age at diagnosis, WBC count, and failure to achieve remission at induction, patients were stratified as standard risk group if age at diagnosis<10 years old with WBC count <50x109/L, intermediate-risk group if age  $\geq 10$  years and if WBC counts  $> 50 \times 109/L$  and highrisk group if WBC count  $\geq 100 \text{ x}109/\text{L}$  or if<sup>7</sup>. fail to remit at induction<sup>7</sup>. The study was approved by the Kurdistan Board of Medical Specialties Ethics Committee and consent were obtained from all parents/guardians after explaining to them what the research entails.

# Diagnostic procedures

The diagnosis was through made peripheral blood sample and bone marrow examination. Diagnosis was made by finding ≥20% lymphoblasts in the peripheral blood and/or bone marrow aspirate<sup>1</sup>. confirmation of the diagnosis and subtyping was done by either immunohistochemistry or flow cytometry immunophenotyping on peripheral blood or bone marrow aspiration. Two lasers, four colors, and six parameters flow cytometry were used to examine the samples. EuroFlow<sup>™</sup> Panel was used with following monoclonal antibodies the (MAb): CD19, CD20, CD10, CD22, cytoplasmic (c) CD79a, c and surface (s) IgM for B-lineage, CD1a, CD2, cCD3 and sCD3, CD4, CD5, CD7, and CD8 for Tlineage, CD13, CD33, CD64, CD15, CD16, CD11b, CD14, CD117, and cytoplasmic MPO for myeloid lineage, and CD34, CD45, CD36, CD38, HLA-DR, CD56, and nTdT as non-lineage markers..

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All MAb were purchased from BD Biosciences (BD Biosciences, San Jose, CA, USA)<sup>8</sup>. Central nervous system (CNS) involvement was established by the detection of blasts in cerebrospinal fluid by a spinal puncture. blood samples from 20 out of 116 patients were sent for analysis of BCR\_ABL1 rearrangement using RT-PCR at the time of enrollment.

## Therapy protocols

Two main protocols were implicated for treatment namely: UKALL 2011 and (Berlin-Frankfurt-Munster)<sup>1</sup>. **BFM-ALL** Standard-risk group patients were given regimen A of the UKALL protocol while the intermediate patients were given regimen B of the UKALL protocol and the BFM-ALL protocol was designated for high-risk group patients. Only 20 patients out of the 116 patients were sent for the BCR-ABL translocation and tyrosine kinase inhibitors (TKIs) was implemented in the treatment of one patient with positive BCR-AB<sup>1,10</sup>. the standard-risk received patients group three-drug induction therapy namely vincristine. steroids, and asparaginase for 4 weeks while intermediate-risk the group additionally received daunorubicin, the high-risk group receiving the BFM protocol received an additional four doses of vincristine as well as Lasparaginase<sup>10,11</sup>. All patients received three doses of intrathecal methotrexate in induction with patients who had blasts in the CSF receiving 2 additional doses<sup>1</sup>. Following induction patients are assessed for complete hematological remission by bone marrow aspiration, Patients who accomplished hematological complete remission (HCR) proceeded to the intensification post-remission and consolidation.

While patients who did not achieve CR matched and had a sibling were BMT<sup>9</sup>. recommended to undergo Complete hematological remission was defined as no detectable blasts in Peripheral blood and CSF, blasts less than 5% in bone marrow, while relapse was defined as the presence of blasts in peripheral blood or CSF more than 5% marrow blasts following induction. From time of diagnosis the of acute lymphoblastic leukemia until the date of last follow-up or death, the overall survival determined. (OS)was Relapse-free survival (RFS) time was measured from the time of complete hematological response to the time of relapse excluding patients who never entered remission.

#### Statistical Analysis

Demographic parameters were

summarized; for continuous data, means and ranges were used, whereas, for categorical variables, frequency and were used. percentages Comparisons between categorical variables were carried out using the Chi-square test and Fisher's exact test as appropriate. Survival and event-free survival curves were presented using Kaplan-Meier method. the Statistical significance was defined as a Pvalue of less than 0.05. SPSS version 26 was used for all the analyses (SPSS Inc, Chicago, IL, USA).

#### **RESULTS**

A total of 116 patients with ALL were included in the study, with a median age of 5 years (range 0.1 to 15 years). The study included 68 males and 48 females with a ratio of 1.4:1 Clinically, splenomegaly was noticed in 64.7%, hepatomegaly in 51.7%, and lymphadenopathy in 79.3% of the 116 patients. Additionally, clinical examination revealed pallor in 87.9%, fever in 82.8%,

bone pain in 56.9%, and bleeding tendency in 42.2%,

Blood counts revealed, median hemoglobin of 7.600 g/dl (range 3.9-11.9), a median leucocyte count of 16.5 x 109/L (0.7–596), and a median platelet count of 42.00 x 109/L (range 1–434) Moreover, lineage analysis revealed that B cells were the most predominant type with

102 cases (87.9%) Furthermore, it was found that common B-ALL subtype was the most frequent among B-ALL at 88.2%, while mature B subtype was the least frequent at 2%. T cells only accounted for 14 cases (12.1%), Among T-ALL cases, cortical T-ALL was the most frequently encountered subtype accounting for 10 cases (71.4%). Notably, out of the categories of the patients (high risk, intermediate-risk, and standard risk), the standard risk group was the most frequent with 64 cases (55.1%), followed by the intermediate-risk group with 36 cases (31.1%) and lastly the high-risk group which had 16 cases (13.8%) (Table 1).

Characteristics		No	%
			,,,
Age (years)	Median 5(0.1-15)		
Gender	Male	68	58.6
	female	48	41.4
	Mean = <b>52.48</b> ±87.3		
WBCx10 <sup>9</sup> /l	<50	82	70.7
	>50	11	9.5
	>100	23	19.8
	Mean=7.85±1.84		
Hb g/dl	<10	98	84.5
-	>10	18	15.5
	Mean=68.57±76.4		
PLT109/1	<100	93	80.1
	>100	23	19.9
	B cell	102	87.9
	-Common B*	90	88.2
	-Pre-B*	4	3.9
	-Pro-B*	6	5.9
immunophenotype	-mature -B*	2	2
	-t cell	14	12.1
	-Cortical T**	10	71.4
	-Pre-T**	3	21.4
	-Pro-T**	1	7.2
	Standard	64	55.1
Risk stratification	Intermediate	36	31.1
	high	16	13.8
	UKALL A	65	56
traatmant	UKALL B	36	31
treatment	BFM	13	11.2
	LMP	2	1.8

 Table 1 Demography and baseline features in 116 pediatric
 ALL patients

\*% out of Subgroup B ALL; \*\*% of the subgroup T-ALL All patients were treated and evaluated for response to the treatment. Out of 116 patients treated: 101 patients were treated with UKALL protocol (65 patients treated

on regimen A and 36 patients treated on regimen B), 13 patients were treated with BFM protocol, and 2 were treated with LMB (lymphoma malignant B type)

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regimen. Only 20 patients out of the 116 patients were sent for the BCR-ABL translocation and tyrosine kinase inhibitors (imatinib) were implemented in the treatment of the one patient with positive BCR-ABL. Notably, complete hematological remission was achieved in 107 (92.2%) patients while 4 (3.5%) patients died during the induction of chemotherapy. After a median follow-up of 52 months (range 12-93 months), 75 patients (70.1%) continued in complete remission, out of these patients 70 patients remained alive while 5 patients died of infection. Relapse occurred in 32 (29.9%) patients. Out of the patients who relapsed, 14 (43.8%) are alive and achieved remission while 18(56.2%) of the relapsed patients died (Fig 1.). Sites of relapse were bone marrow, CNS, and testicles. Relapse in bone marrow alone occurred in 22 (68.8%) patients, CNS alone in 8 (25%) patients, combined bone marrow and CNS in 1 (3.1%) patient, and testicular in 1 (3.1%).

# Survival

The 5-year overall survival of childhood ALL patients in the current study was 76.7%, with a median survival of 51

months (fig.1A). The 5-year relapse-free survival (RFS) was 73.3% (fig.1B). Although patients treated with UKALL A and UKALL B had significantly better RFS in comparison to patients with BFM (81.2%,66.6%) protocol and 56.2% respectively) p=0.008, there was no significant difference in CR or OS (overall survival) (table 2). Patients with B-cell had significantly higher ALL OS compared to T-cell (p value=0.01) with no significant differences in HCR and RFS. Patients stratified into the high-risk group had significantly lower RFS and OS the intermediate compared to and standard-risk group (p-value= 0.04,0.008 respectively) (table 2) Patients aged >10 significantly lower RFS vears had compared to patients less than 10 years pvalue=0.001. Other factors such as high WBC count, low PLT count, low Hb concentration, and gender did not predict poor outcomes.

Allogenic hemopoietic stem cell transplantation (Allo-HSCT)

Eight patients were sent for stem cell transplantation (SCT); one died after transplantation, one relapsed, and the remaining 6 achieved remission after SCT.



Fig. 1 Outcome of childhood acute lymphoblastic leukemia

Baseline characteristics	HCR (%)	P-value	RFS (%)	P-value	OS (%)	P-value
Age at diagnosis <10year >10 years	90.5 100	0.8	75.7 61.9	0.001	78.9 66.6	0.1
Gender Male Female	94.1 95.8	0.6	67.6 81.2	0.2	73.5 81.25	0.3
WBC count <50,00010 <sup>9</sup> /L >50,00010 <sup>9</sup> /L	89.2 100	0.7	75 68.7	0.2	79.7 68.75	0.6
Immunophenotype B-cell T-cell	92.1 92.8	0.7	75.4 57.1	0.2	80.3 50	0.01
Risk group Standard Intermediate high	89 94.4 100	0.9	81.25 66.6 56.2	0.04	84.3 75 50	0.008
Treatment UKALL A UKALL B BFM	89.9 94.4 100	0.09	81.5 66.6 53.8	0.04	83.07 75 53.8	0.1

Table 2 Differences in outco	mes according to some prognostic	variables among patients'
cohorts		

## DISCUSSION

This study included 116 ALL patients aged between 1 month and 15 years. The reported HCR rate (92.2%) of this study was comparable to many western countries as well as some nearby countries such as Jordan<sup>12,13,14,15</sup>. Similarly, the induction mortality rate of 3.5% in our study lies within the range limits reported in ALL worldwide childhood although studies from some developing countries have reported induction death rates ranging from 12.8% to 22.6%, these high numbers are mainly attributed to infectious causes as well as chemotherapy-related toxicity<sup>4,5,6,12,13,15</sup>. With a 5-year OS of 76.7% and RFS of 73.3%, the overall outcome from this cohort study is lower than several published from developed Western countries with countries like the Netherlands and Germany which reported a 5-year OS of 91% and 91.8%

respectively<sup>13,15</sup>, and some developing countries such as Jordan were also reported to have a 5-year OS and RFS of 89% and 80% respectively<sup>12</sup>.

Interestingly a recent paper published from Children Welfare Teaching Hospital in Baghdad, Iraq revealed a lower 5-year RFS and 5-year OS rate (of 62.2%,46.3%) respectively)<sup>16</sup>. The lower 5-year OS and RFS might be related to poor adherence to therapeutic guidelines and the lack of BMT in certain high-risk patients due to financial constraints and/or a lack of local BMT. Other, as-yet-unspecified variables might, however, have influenced the OS and RFS numbers. BCR-ABL1 positivity in ALL is associated with aggressive disease and is a poor prognostic factor, especially in children, however after implementation of TKIs these patients have been said to have higher RFS and OS<sup>1,18,19,20</sup>, since only 20 of our patients

were sent for the BCR-ABL1 its effect on the response The OS and RFS could not be assessed, among p

appropriate detection techniques should be selected to improve the detection rate of fusion genes, to significantly improve the prognosis.

One of the most important factors that have been reported as a predictor of ALL outcome is the immunophenotype of the patient. OS of patients with the B-cell phenotype in this study were significantly than those with higher the T-cell phenotype (p=0.01) although T-ALL had previously been considered to have a worse outcome than those with B-ALL.Several studies now argue that survival is similar between the two patient with appropriate treatment groups of T-ALL<sup>10,21,22,23</sup>, intensification the survival disadvantage for T-cell ALL in this study may be attributed to the fact that patients with T-cell ALL are generally older than those with B-cell ALL and, therefore, have poorer tolerance to chemotherapy, especially dexamethasone and L-asparaginase. and a greater proportion of patients with B-cell ALL has favorable genetic subgroups (egg, ETV6-RUNX1, and high hyper diploidy) $^{21,23,24}$ . Characterization at the antigenic level, which may be relevant for later diagnosis of minimum residual disease(MRD) is another important feature of immunophenotyping<sup>25</sup>. Patients stratified as a standard risk had significantly higher OS and RFS compared to the intermediate and high-risk groups (p=0.008 and 0.04respectively), this may be attributed to the fact that patient in our study was stratified without cytogenetic analysis or MRD in most cases since cytogenic analysis and MRD have just recently been available in our region, cytogenetic analysis and MRD have provided insight into the variation in

chemotherapy drugs response to among patients, explaining both the differences in toxicities and response to therapy $^{20,21,23,24,25}$ . Shortly, it can be envisioned that ALL will be molecularly characterized and defined, thus enabling us to deliver better-tailored therapy and thus improving the outcomes of high-risk and intermediate-risk patients. Similarly, we found that patients treated with UKALL regimens had significantly higher RFS compared to those treated with the BFM regimen with p values of 0.04.

The former may potentially be explained by that BFM-type chemotherapy in centers with limited medical resources could lead to drug related complications as well as those treated with the BFM protocol were all-in high-risk groups, therefore, may unfavorable cytogenetics have in comparison to the other subgroups. In this study, patients aged >10 years had significantly lower RFS (P value=0.001) this finding is in agreement with the several other studies.5]. In previous studies, a significant impact of age <1 year and of high WBC 50 x 109/L of pediatric patients outcome had been ALL observed<sup>10,17,19</sup> However, we didn't detect any significant impact of the abovementioned prognostic factors on the survival of patients in this cohort study. This could be attributed to the small subgroup sizes. Amid the limitations of the current study, is the lack of usage of minimal residual disease, monitoring, and cytogenetics at enrollment or follow-up. However, such a limitation is shared by other studies from developing countries<sup>4,5</sup>, where resources or expertise are restricted. Minimal residual testing has recently been introduced in our centers and it has been integrated into the routine follow-up of

patients, which hopefully will have a beneficial effect on future patients.

### CONCLUSION

The results of this study confirm the importance of Immunophenotype, age and risk stratification as predictors of outcome in childhood ALL in our study, most notably, compared to similar findings from developed nations, the patients' survival rates were lower. Future research should focus on expanding the use of cytogenetic and MRD data in risk classification to improve the outcome of childhood ALL.

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- 27. dear zana this is the reference it's a PDF and I didn't know how to make it a reference please help also should be number 7

يوخته

پاشگوتن: دگەل كۆ گەلمك فەكولىن لسەر ئەنجامىن نەخوشىا لىوكىميا لىمفوبلەيستىكا زاروكىنىتى (ALL) ل وەلاتىن پېشكەفتى يىن رۆژئافايى ھاتىنە دەست نىشانكرن, ل وەلاتىن پاشكەفتى كىمى يا داتايان يا ھەى. ئەف فەكولىنە ئەنجامىن پېشىينىنى نەخوشىا ليوكىميا لىمفوبلەيستىكا زاروكىنىتى ل باژىرى دھوكى- كوردستانا عيراقى قەدكولىت. رۆيباز(رىك): فەكولىنا نھا فەكولىنەكا ھەقسەرى يە، كۆل نەخوشخانەيا ھىڠى يا زاروكان و ناۋەندا ژىن يا زانستى گرىيبا ل دھوكى ل عيراقى ھاتيە كرن ، و ١٦٦ نەخىش ھاتىنە توماركرن.تايبەتمەندىين سەرەكى يىن (ALL) يا زاروكىنىتى پېتىبىينىنى زانستى خوينى و نەخوشىيان يەرى يە، كۆل ئەخوشخانەيا ھىڠى يا زاروكان و ناۋەندا ژىن يا زانستى گرىيبا ل دھوكى ل عيراقى ھاتيە كرن ، و ١٦٦ نەخىش ھاتىنە توماركرن.تايبەتمەندىين سەرەكى يىن (ALL) يا زاروكىنىتى , پېتىبىينىين زانستى خوينى و نەخوشىيان،جورى تىماركرن.خارەسەرىيا دەرونى), و فاكتەرىن مەترىسى يىن ھاتىنە شروفەكرن و كارىگەرىيا وان لسەر ئەنجامىن چارەسەركىنى و رىز مىيا زىندى بودىنى ھاتىنە

نهنجام: تەمەنىن ناڤين بىنى كوما قەكولىنى (٥) سال و رىتر مىيا نىر و مى ١:٤.١ بوو. ٪ ٨٧.٩ ژ كەيسان (ALL) بوون ددەمەكىدا (١٢.١) ژ T.Cell بوون. ژمارا خوينى يا ناڤين 54.34 \*109 لەيموگلوبىنا ژ 3/9/1 (٥) ژمارا پەلمەكىن خوينى T.Cell ژ رە) پىنج سالى يا تەمام%2.29 (CR) بوو. تىكرايى گشتى يى زىندى بوويا (٥) پىنج سالى 76.7 بوو, و زيندى بوونا (٥) پىنج سالى يا بى قەگەر %3.37 (RFS) بوو. نەخوشىن ب ھوكارى حالى الى بىنج سالى ب شيواز مكى زانستى ئەگەرى زيندى بوونى بانتره ب بەراوردى دىگەل T.Cell ( ب ئەگەرى = 0.01). نەخوشىن كو دناڤ كوما مەترسىيى دا ل گورى ناڤين خەتەربىين ناڤين و ستاندارد RFS and OS گرىگ كىمتر بوون ( ب رىير ا= 0.008 بىزىكى يىن وەكى تەمەنى (١) سالى ، ھرمارا PL ، ھرمارا HD ، و رەگەز پىشىينيا ئەنجامىن خراپ نەكرى .

ئ**ەنجام:** ئىمونوفونو تايپ ، تەمەنى (١٠) سالى و زىدەتر مەترسىيا د قەكولىنا مەدا پېشىينىيىن گرنىگى ئەنجامى نەخوشىيا خوينى يا زاروكىنى ( ALL) ، نەخاسمە، رىژا زىندىيوونا نەخوشان كىمتربوو وەكى ھەمان راپورىتىن وەلاتىن پېشكەفتى بىن روژئاڤايى. جەيىن سەرەكى بو خەباتا پاشەروژى دقىت ب شىيوەكى بەرفرەھتر بن. پېكىئىنانا MRD و شروۋەكرنا پېكەلتى و پەرەسەندنا شانا د ستراتىجيا مەترسىيا داكو ئەنجامىن نەخوشيا خوينى ( ALL) يا زاروكىنىي

## الخلاصة

## التنبؤ الدموي بنتائج سرطان الدم الليمفاوي الحاد من الطفولة في دهوك

**الخلفية:** بينما عالجت العديد من الدراسات نتائج سرطان الدم الليمفاوي الحاد في مرحلة الطفولة (ALL) في البلدان المتقدمة الغربية، هناك ندرة في البيانات في البلدان النامية. تستكشف هذه الدراسة المؤشرات الدموية للنتائج في سرطان الدم الليمفاوي الحاد في مرحلة الطفولة في مدينة دهوك - كردستان، العراق.

الطريقة: تمثل الدراسة الحالية دراسة مقطعية أجريت في مستشفى هيثى للأطفال ومركز ژين لدراسة الأورام في دهوك بالعراق، وتم تسجيل 116 مريضًا. تم تحليل السمات الرئيسية لسرطان الدم الليمفاوي الحاد في مرحلة الطفولة، والتنبؤات الدموية، ونوع العلاج، وعوامل الخطر لتقييم تأثيرها على نتيجة العلاج ومعدل البقاء على قيد الحياة.

الاستنتاج: يعد النمط المناعي، والعمر > 10 سنوات، والتقسيم الطبقي للمخاطر من المؤشرات المهمة للنتيجة في سرطان الدم الليمفاوي الحاد في مرحلة الطفولة في دراستنا؛ وعلى وجه الخصوص، كانت معدلات بقاء المرضى أقل من التقارير المماثلة الواردة من البلدان الغربية المتقدمة. وينبغي أن تشمل المجالات الرئيسية للعمل في المستقبل التنفيذ على نطاق أوسع.